



FORT HAYS STATE UNIVERSITY  
COLLEGE OF  
EDUCATION

## PHYSICAL EDUCATION PROGRAM COURSE REQUIREMENTS

<u>CORE COURSES</u>	<u>CREDIT HOURS</u>
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HHP	Aquatics Course (117, 240, 242)	1—3
HHP 155	Weight Training and Conditioning	1
HHP 201	Concepts in Physical Fitness	1
HHP 210	Introduction to HHP	3
HHP 220	Responding to Emergencies	3
HHP 280	Care and Prevention of Injuries	3
HHP 330	Adapted/Special Physical Education	3
HHP 340	Tests and Measurements in HHP	2
HHP 390	Physiology of Exercise	3
HHP440	Kinesiology	3
HHP450	Program Organization and Administration	3

### PREK-12 TEACHING CONCENTRATION COURSES

HHP 151	Aerobic Dancing	1
HHP 231	Children's Rhythm and Movement	3
HHP 260	Introduction to Lifetime Sports	1
HHP 261	Introduction to Racquet Sports	1
HHP 262	Introduction to Team Sports	1
HHP 263	Introduction to Field Sports	1

HHP 290	Introduction to Coaching	2
HHP 312	Fitness Leadership	2
HHP 314	Issues in Health	2
HHP 430	Motor Learning	2
	<b>TOTAL</b>	<b>44</b>