GATEWAY PROGRAM

Fort Hays State University & North Central Kansas Technical College Gateway Program services for you!

**Academic Advising and Career Exploration Center (AACE), First Floor of Center Student Success – 785.628.5577**

If you are unsure about your future, the Academic Advising and Career Exploration Center is an essential resource for you. Our goal is to assist you in developing a meaningful education place that meets your career goals and helps prepare you for a life of change, challenge, and individual fulfillment. A career counselor can provide you with the opportunity to visit about your career path and assess your next step.

<https://www.fhsu.edu/aace/>

**Athletics, Cunningham Hall, Room 138 – 785.628.5524**

Come support Tiger Athletics! Free access to regular season FHSU athletic events is available with your Tiger ID card. Visit the Tiger ID Center in the Memorial Union to get yours.

<https://fhsuathletics.com/>

**Student Engagement, Second Floor of Center Student Success – 785.628.4664**

The Student Engagement office is an area for students to enhance their total education experience through co-curricular opportunities at FHSU. Our office oversees student organizations, special events, civic engagement, and diversity initiatives. Develop your leadership potential and make a positive impact upon the community life on campus.

<https://www.fhsu.edu/engage/>

**Food Service (Chartwells), McMindes Hall, Room 128 – 785.628.4476**

No meal plan? You can still use the Memorial Union food service at the McMindes Café with cash, credit, debit, or Flexi Cash. Flexi Cash is a balance system that works just like cash, which puts a dollar amount on your Tiger Card. Flexi Cash can be used at any dinning service locations in the Memorial Union including Pizza Hut, Tiger Pizza, Mondo Subs and/or Starbucks.

**Intramurals, Cunningham Hall, Room 128 – 785.628.4373**

The Intramurals Recreation Sports department strives to provide a broad and competitive variety of physical and social activities designed to meet the diverse needs and interests of students. It offers different activities ranging from basketball and softball to fantasy football and the annual Easter egg hunt. For more information, visit [www.fhsu.edu/hhp/intramurals/](http://www.fhsu.edu/hhp/intramurals/)

**Health and Wellness Services, Third Floor of the Center for Student Success – 785-628-4401** FHSU offers exciting new experiences and opportunities for personal growth. As you achieve your academic and individual goals, we are here to help you stay healthy and prepared to meet new challenges. From our supportive counseling and accessibility services to our convenient and affordable medical services, you will receive high-quality care focused on your well-being.

<https://www.fhsu.edu/health-and-wellness/>

**Medical Services**: We care about your health and well-being just as much as we care about your academic career. You’ll have access to prompt, convenient, and personable care for minor illnesses and injuries, as well as for testing and medications that keep you healthy and enjoying your time in college.

**Counseling Services:** When you need to get a different perspective or need support, we are here for you. We offer therapy services to help with a wide range of mental health concerns including stress, anxiety, depression, college transition, drug and alcohol use, grief, and relationship issues. Our professional counselors can help you learn problem-solving techniques for college success and be a source of support during challenging times.

**Accessibility Services**: FHSU offers reasonable accommodations to students with documented learning, physical, and/or psychological disabilities. If you have one or more documented disabilities that affects your ability to learn or participate in a campus program or service, we are here to help support your needs.

**Memorial Union, Memorial Union, Room 208 – 785.628.5305**

The Memorial Union is your on-campus home away from home. Starbucks, student activities, study areas, Ipads in Cody Commons, food, lounges, Victor E. Apparel and Gift Shop, and Relaxation Zone massage chairs are some of the services offered in the Memorial Union. Meeting student needs is a top priority in the Memorial Union. Find what awaits you at [www.fhsu.edu/union/](http://www.fhsu.edu/union/).

**Parking - Center for Public Safety, Custer Hall, Room 112 – 785.628.5304**

Parking permits are required beginning the first day of classes for any vehicle parked on campus between 7 am and 5 pm, or 24-hours a day in the residence hall lots. Purchase a permit at the Center for Public Safety, located in the lower level of Custer Hall, or online at [www.fhsu.edu/university-police/parking/](http://www.fhsu.edu/university-police/parking/).

**Residential Life, McMindes Hall, Room 126 – 785.628.4245**

The Residential Life Office provides several different types of housing options, including, traditional

residence halls, suites, apartments, and family housing apartments. If you would like to learn more

information about living on the FHSU campus, or would like to set up a tour, you can contact the

Residential Life Office at 785-628-4245, srl@fhsu.edu or by stopping by the Residential Life Office

located in McMindes Hall, room 126. To complete an application, go to [www.fhsu.edu/reslife/](http://www.fhsu.edu/reslife/).

**Tiger Card Center, Memorial Union, Room 208 – 785.628.5533**

Your Tiger Card may be obtained in the Tiger Card Center, located on the 2nd floor or the Memorial Union, room 208. You will need to take your Gateway receipt to the office as proof of payment, as well as a photo ID, such as a current driver’s license, passport, or military ID must be presented to get a Tiger Card. The first card costs $10.00. Your Tiger Card is required for the check-out of library materials, access to residential life meal plans and cafeteria flexi-cash, use of the Health & Wellness Services, Intramurals recreational areas, and admission for athletic and cultural events.

<https://www.fhsu.edu/union/>

**TigerTech, Tomanek Hall, Room 127 – 785.628.3478**

TigerTech is the focal point for technical assistance, referral information, and access of FHSU computing and telecommunication services. TigerTech provides assistance with using the Workday Web portal, accessing FHSU e-mail, gaining on-campus Internet and wireless access, and performing many other technology-related tasks. Also, all official FHSU communications are sent via email. You will receive a [@mail.fhsu.edu](mailto:fhsu.mail@fhsu.edu) email address. Please make sure to forward this account to another account or check it regularly for important information. For more information, visit [www.fhsu.edu/tigertech](http://www.fhsu.edu/tigertech)/

**Tiger Tots, Rarick Hall, Room 109 – 785.628.4101**

Tiger Tots Nursery is a preschool/childcare center on Fort Hays’ campus that offers care to children 2.5 to 6 years old. Your child will learn and grow at Tiger Tots. To find out more or to fill out an application, visit [www.fhsu.edu/tigertots/](http://www.fhsu.edu/tigertots/)

**University Police, Custer Hall, Room 112 – 785.628.5304**

The University Police Department’s core services includes 24-hour police patrol, protection and threat prevention, criminal investigations, enforcement of laws, motor vehicle accident investigations, parking enforcement, and community related policing services to student, faculty, and staff. Residual services provided include fingerprinting, jump starts, lock outs, escorts, emergency medical services, crime prevention, physical security inspections, bicycle patrol, and traffic control.

<https://www.fhsu.edu/university-police/>

**Tiger Fitness Center, Cunningham Hall, Room 132 – 785.625.5908**

Research has shown that the healthier you are, the better you will do in your classes. Activity raises brain wave levels, improving concentration and memory gain. The Tiger Fitness Center isn’t just another campus gym; it’s a place to get involved, meet people, and find out what’s happening on campus. You have access to state-of-the-art fitness facilities free of charge. If you need to take your workout to the next level or if you don’t know where to start, we offer free workout guidance to get you on the right path. Group exercise can help you make friends and give you the motivation you need to maintain a healthy lifestyle. Additional information for these services can be found online at [www.fhsu.edu/hhp/tigerfitness/](http://www.fhsu.edu/hhp/tigerfitness/)

**Admissions, First Floor of the Center for Student Success – 785.628.5666**

Admissions staff is ready to give you a tour of Fort Hays State University! Call 785.628.5666 to schedule a tour. You can also get acclimated at FHSU by attending our Welcome Weekend event. For more information, go to [www.fhsu.edu/fye/welcome-weekend/index](http://www.fhsu.edu/fye/welcome-weekend/index).

**If you have additional questions, please call the FHSU Office of Student Affairs at 785.628.4665.**