

PSYCHOLOGY

WHAT IS PSYCHOLOGY?

Psychology is a diverse discipline, grounded in science, but with nearly boundless applications in everyday life. Some psychologists do basic research, developing theories and testing them through carefully honed research methods involving observation, experimentation and analysis. Other psychologists apply the discipline's scientific knowledge to help people, organizations and communities function better.

As psychological research yields new information, whether it's improved interventions to treat depression or how humans interact with machines, these findings become part of the discipline's body of knowledge and are applied in work with patients and clients, in schools, in corporate settings, within the judicial system, even in professional sports.

Psychologists study both normal and abnormal functioning and treat people with mental, behavioral and emotional problems. They also study and encourage behaviors that build wellness and emotional resilience. Today, as the link between mind and body is well-recognized, psychologists team up with other health care providers to provide whole-person health care for individuals of all ages.

RELATED CAREER TITLES

Alcohol & Drug Counselor	Director, Human Resources	Job Analyst	Public Health Statistician
Advertising Specialist	Director, Rehabilitation Counseling	Management Analyst	Rape Crisis Services
Art Therapist	Drug Abuse & Prevent. Educator	Market Research Analyst	Rehabilitation Services
Behavioral Psychologist	Foster Care Services	Marriage Counselor	Researcher
Case Manager	Geriatric Case Manager	Mediator	School Psychologist
Child Development Specialist	Guidance Counselor	Minority & Race Relations Specialist	Service Counselor
Child Welfare Worker	Human Resource Specialist	Occupational Analyst Occupational	Social Worker
Clinical Social Worker	Immigrant Services Worker	Outpatient Therapist	Sports Psychologist
Community Relations Director	Industrial Relations Manager	Police Officer	Suicide Prevention Service Specialist
Correctional Caseworker	Intensive Case Manager	Pregnancy & Maternity Services	Trauma Support Specialist
Correctional Officer	Intensive Family Therapist	Probation/Parole Officer	Vocational Rehabilitation
Criminologist/Criminal Profiling	International Human Resource Mgr.	Psychometrist	Youth Services Specialist
Director, Counseling Center	Investigator	Psychotherapist/Therapist	

TRANSFERABLE SKILLS

Ability to Resolve or Mediate Conflicts	Critical and Inferential Thinking	Insight to Deal Effectively with People	Knowledge of Human Development & Behavior
Able to Observe, Analyze, & Interpret Information	Decision Making	Interpersonal Communication (oral and written)	Problem Solving
Able to Promote Healthy Relationships	Engage in Ethical Practice	Interviewing Techniques	Understanding of Group Dynamics
Concern for and Sensitivity to Others	Good Listener		

Attainment and demonstration of [NACE Career Readiness Competencies](#) help prepare for a successful transition into the workplace.

CONTACT FOR ADDITIONAL INFORMATION

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RELATED CAREER EXPLORATION LINKS

Faculty-Student Mentoring & Careers: www.fhsu.edu/psych/mentoring-careers-and-internships/

FHSU Career Services: www.fhsu.edu/career/

Occupational Outlook Handbook: www.bls.gov/ooh/



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