

600 Park Street
Hays, KS

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Amanda Brown, LCPC-S

Licensure

October 2021-Present
Board Approved Clinical Supervisor

August 2019- Present
Licensed Clinical Professional Counselor

December 2015- August 2019
Licensed Professional Counselor

Education

2022-Present University of the Cumberlands
Ph.D. Counselor Education and Supervision
Summer 2025 anticipated graduation date

2013 - 2015 Fort Hays State University Hays, KS
MS Mental Health Counseling

2010-2013 Fort Hays State University Hays, KS
BGS Human Services/ Child Development

2008-2010 JCCC Overland Park, KS
AA Early Childhood Education

Professional Experience

March 2022- Present
Clinical Counselor/ Owner Mindful Healing LLC

Provide individual, couples, and family counseling services as well as clinical supervision to professional counselors.

January 2020-Present
Adjunct Faculty Mental Health Counseling Fort Hays State University

Courses instructed:

- Internship in Clinical Counseling
- Practicum in School Counseling
- Childhood and Adolescent Counseling
- Theories of Counseling Practice
- The Mental Health Profession
- Counseling Skills Development.

November 2017- May 2023

Mental Health Counselor

FHSU Kelly Center/ KAMS

Clinically supervise counseling staff as well as intern and practicum students

Complete intake assessments and counseling services with clients.

Organize and execute outreach opportunities for students, faculty, and staff.

Create and execute group opportunities for students on campus.

August 2018- Present

Instructor

Fort Hays State University

Course Instructed: UNIV 101

December 2015- November 2017

Western KS Child Advocacy Center

Mental Health Counselor

Complete intake assessments and counseling services with clients and families that have been impacted by abuse.

Collaborate with other team members regarding client court cases and treatment plans.

August 2015- December 2015

Western KS Child Advocacy Center

Counseling Intern

Complete intake assessments and counseling services with clients and families that have been impacted by abuse.

Collaborate with other team members regarding client court cases and treatment plans.

August 2015- December 2015

FHSU Kelly Center

Counseling Intern

Complete intake assessments and counseling services with clients.

Collaborate with other clinicians in order to provide counseling services to clients.

April 2015- August 2015

St. Francis Community Services

Practicum Student, Therapist/Case Manager

Evaluate referred families for in-home therapeutic services including Mental Health Assessments and Treatment plans.

Provide intense in-home therapy using multiple theories and techniques.

Nov. 2011- April 2015 St. Francis Community Services

Family Support Worker

Provide support and guidance to at risk families. Areas covered include: Assisting adults and teens in exploring educational options, parenting support, budgeting, and promoting positive communication.

Closely work with adults and children that suffer from severe and persistent mental illness.

References

Gina Smith	Director	785-650-1495
Lindsey Dinkel	Supervisor	785-639-8899
Kenton Olliff	Clinical Supervisor	785-628-4282

Conference Presentations

Brown, L.A., Albin, J. & Smith, G. (2022) Courageous Classrooms. Fort Hays State University Professional Development Day, Hays, KS, January 2022

Brown, L.A., Albin, J. (2021) Processing the Pandemic. Fort Hays State University Professional Development Day, Hays, KS, August 2021

Brown, L.A., Albin, J. (2021) Navigating Change. Fort Hays State University Professional Development Day, Hays, KS, August 2021

Brown, L.A. (2021) Guided Meditation. Fort Hays State University Professional Development Day, Hays, KS, January 2021

Brown, L. A., Olliff, K. (2021) Mindfulness. Kansas Association of Master Psychologists, April 2021

Brown, L.A. & Olliff, K. (2020) Mindset and Self-Care. Fort Hays State University Professional Development Day, Hays, KS, August 2020

Brown, L.A. & Albin, J. (2020) Supporting Students in These Unprecedented Times. Fort Hays State University Professional Development Day, Hays, KS, August 2020

Brown, L.A. & Albin, J. (2020) Supporting Chronically Stressed Students, While Also Preserving Ourselves. Fort Hays State University Professional Development Day, Hays, KS, August 2020

Brown, L.A. & Albin, J. (2020) REVISIT: Building Resilience as We Address Emotional Needs Within the Classroom, While Also Preserving Ourselves. Fort Hays State University Professional Development Day, Hays, KS, January 2020

Brown, L.A. & Albin, J. (2019) Engaging Students In Crisis, Fort State University Professional Development Day, Hays, KS, August 2019

Brown, L.A. & Albin, J. (2019) Recognizing and Addressing Emotional Needs In The Classroom, Fort State University Professional Development Day, Hays, KS, August 2019

Invited Lectures/Presentations/Workshops/Trainings

Brown, L.A. (2020) Sunflower, It's Been A Tough Year! Let's Talk About It. Sunflower Electric Staff Workshop. Hays, KS (Via Zoom)

Brown, L.A. (2019) Mindfulness and Self-Care. Walking the Talk Lecture Series. Fort Hays State University, Hays, KS, December, 2019

Brown, L. A. (2018-present, yearly) Sleep Hygiene. Presentation for Kansas Academy of Mathematics and Science. Hays, KS.

Brown, L. A. (2018-present, yearly) Importance of Self-Care. Presentation for Kansas Academy of Mathematics and Science. Hays, KS.

Brown, L. A. (2018-present, yearly) Managing Roommate Conflict. Presentation for Kansas Academy of Mathematics and Science. Hays, KS.

Brown, L. A. (2018-present, yearly) Working Together to Support Students. Parent Presentation Kansas Academy of Mathematics and Science. Hays, KS.

Brown, L.A. & Albin, J. (2018-present, as requested by faculty/staff) Campus Connect. Hays, KS.

Brown, L.A. (2018-present, yearly) Kelly Center Presentation for UNIV 101 Classes. Hays, KS

Professional Development

Segal, Zindel. Advances in Evidence-Based Mindfulness Programs. A Mindful Society. September, 2020.

Hanson, Rick. A Neuropsychology of Awakening. A Mindful Society 2020 Conference, Online, May 2020.

Haas, L. & Byers, S., Gender Diversity Training, Fort Hays State University, Hays, KS, January 2020.

Innovations in College Counseling, University of North Texas, Denton, TX, July 2018.

Flanagan, Y. Alice, Ethics For Counselors, NetCE, June 2018.

Flanagan, Y. Alice, The Role of Spirituality in Health and Mental Health, NetCE, June 2018.

Flanagan, Y. Alice, Providing Culturally Responsive Care to Asian Immigrants, NetCE, June 2018.

Marich, Jamie, Integrating Mindfulness into Clinical Practice, NetCE, June 2018.

Mesucs, Sandra. Clinical Care of the Transgender, NetCE, June 2018.

Whyte, J. John, Diagnosing and Treating Overweight and Obese Patients, NetCE, June 2018

Witaker, Brett. "You're Racist (But Then Again, We All Are): Understanding Subconscious Bias." Fort Hays State University Management and Development Center. Hays, KS, June 2018.

Panel presentation: Beyond process or psychoeducation: Experiential groups on campus. ACCA Conference. Charlotte, North Carolina, February 2018.

Counseling Asian American College Students. ACCA Conference. Charlotte, North Carolina, February 2018.

(Out)reaching today's LGBTQ+ college students. ACCA Conference. Charlotte, North Carolina, February 2018.

Times of Transition: Counseling International and DACA Students on Today's Campus. ACCA Conference. Charlotte, North Carolina, February 2018.

The Meaningful System: Application of Family Systems Theory in College Counseling Centers. Charlotte, North Carolina, ACCA Conference. February 2018.

A New Empirically Based Model of Suicide Assessment for College Students: The SIMPLE STEPS Model (1.5 CE Hours). Charlotte, North Carolina, ACCA Conference. February 2018.

Fostering Connections with Diverse Students: Mindfulness Practices as a Creative Intervention to Help College Counselors Foster Cultural Humility and Connections.. ACCA Conference. Charlotte, North Carolina, February 2018.

