

Sarah M. Lancaster, PhD

Curriculum Vitae

Personal Information

Fort Hays State University
600 Park Street, Rarick Hall 212B
Hay, KS 67601
785-628-4182
Smlancaster2@fhsu.edu

Education

2018 PhD, Counselor Education and Supervision, Kansas State University, Manhattan Kansas
2007 MS, School Counseling, Kansas State University, Manhattan, Kansas
2002 BS, Family Life and Community Services, Kansas State University, Manhattan, Kansas

Licensure & Certifications

2020 State of Kansas Licensed Professional Counselor
2019 State of Kansas Licensed Professional Counselor-T
2011 State of Kansas Professional School Counselor

Areas of Expertise

- Graduate level teaching experience: face-to-face and online
- Technology: Blackboard, CANVAS, zoom
- State of Kansas Professional School Counselor
- State of Kansas Licensed Professional Counselor
- Kansas Supreme Court Approved Core and Parent/Adolescent Mediator
- District-wide trauma informed and restorative practices implementation
- Program coordinator for a federally funded alternative to detention grant
- State and local presentations

Courses Taught

Fort Hays State University

Fall 2022 COUN 834 Appraisal in Counseling
Fall 2022 COUN 836 Management of Counseling Programs
Fall 2022 COUN 844 The School Counseling Profession
Fall 2022 COUN 879 Practicum in Education: Secondary Counseling
Spring 2022 COUN 829 Lifespan Human Development

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| Spring 2022 | COUN 831 Foundations in Counseling |
| Spring 2022 | COUN 836 Management of Counseling Programs |
| Spring 2022 | COUN 879 Practicum in Education: Secondary Counseling |
| Fall 2021 | COUN 829 Lifespan Human Development |
| Fall 2021 | COUN 831 Foundations in Counseling |
| Fall 2021 | COUN 834 Appraisal in Counseling |
| Fall 2021 | COUN 836 Management of Counseling Programs |
| Fall 2021 | COUN 879 Practicum in Education: Secondary Counseling |
| Spring 2021 | COUN 829 Lifespan Human Development |
| Spring 2021 | COUN 831 Foundations in Counseling |
| Spring 2021 | COUN 836 Management of Counseling Programs |
| Spring 2021 | COUN 844 The School Counseling Profession |
| Spring 2021 | COUN 879 Practicum in Education: Secondary Counseling |
| Fall 2020 | COUN 831 Foundations in Counseling |
| Fall 2020 | COUN 834 Appraisal in Counseling |
| Fall 2020 | COUN 844 The School Counseling Profession |
| Fall 2020 | COUN 879 Practicum in Education: Secondary Counseling |
| Spring 2020 | COUN 831 Foundations in Counseling |
| Spring 2020 | COUN 836 Management of Counseling Programs |
| Spring 2020 | COUN 844 The School Counseling Profession |
| Spring 2020 | COUN 847 Professional and Ethical Issues in Counseling |
| Spring 2020 | COUN 879 Practicum in Education: Secondary Counseling |
| Fall 2019 | COUN 831 Foundations in Counseling |
| Fall 2019 | COUN 834 Appraisal in Counseling |
| Fall 2019 | COUN 836 Management of Counseling Programs |
| Fall 2019 | COUN 844 Counseling in Elementary Schools |

Kansas State University

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| 2011-2017 | Counseling Internship Supervision |
| 2016 | Group Dynamics |

Date of Appointment to the Faculty at Fort Hays State University

August 8th, 2019, Fort Hays State University, Advanced Education Programs, Assistant Professor

Prior Service at Other Institutions

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| 2017-2019 | Social Emotional Specialist, USD 305, Salina, KS |
| 2016-Current | Kansas Supreme Court Approved Mediator, Core and Parent/Adolescent |
| 2010-2017 | School Counselor, Lakewood Middle School, Salina, KS |
| 2011-2017 | Adjunct Instructor, Kansas State University, Manhattan, KS |
| 2014-2015 | Adjunct Instructor, Fort Hays State University, Hays, KS |
| 2009-2011 | Adjunct Instructor, Cloud County Community College, Concordia, KS |
| 2005-2007 | Graduate Teaching Assistant, Kansas State University Manhattan, KS |

2002-2005 Juvenile Probation Officer/Juvenile Justice Authority Case Manager, Salina, KS

Departmental and Institutional Service

Departmental

2021-2022 Member, Remote Employee Proposal and Standards of Practice Task Force
2021-Present Member, Advanced Education Programs Scholarship Committee
2020-Present Program Coordinator, School Counseling
2019-Present Member, CACREP Advisory Committee
2019-Present Chair, Olliff Symposium Planning Committee
2019-2020 Member, Research Committee

College

2021-Present Member, CACREP Committee, Section 1
2021-Present Member, CACREP Committee, Section 2
2021-Present Member, CACREP Committee, Section 3
2021-Present Member, CACREP Committee, Section 4
2021-Present Co-Chair, CACREP Committee, Section 5
2021-Present Member, Diversity, Equity, and Inclusion (DEI) Research Institute Project
2020-Present Member, CAEP Standard 1 & 2 Advanced Committee
2019-2020 Diversity Committee
2019-2020 Diversity Sub-Committee
2019-2020 CAEP Standard 2 Committee

University

2021-Present Disciplinary Action Hearing Board
2021-Present Member, Strategic Planning and Implementation Committee
2020-Present Faculty Senate Representative, Advanced Education Programs Department
2020-2021 Member, Academic Affairs, Standing Committee
2020-2021 Thesis Committee Member, Clinical Psychology Master's Student

Profession

2020-Present Chair, Kansas Career Development Association, Kansas Counseling Association
2020-Present Program Reviewer, Kansas State Department of Education, Higher Education

Community

2010-Present Group Facilitator, Healthy Lifestyles, USD 305, Salina, KS

Scholarly Submissions, Publications, and Papers Presented

Refereed Publications

Lancaster, S. (2021). Teacher self-efficacy: The missing piece to trauma-informed classroom interventions. *The Advocate*, 26 (2), 1-7. <https://doi.org/10.4148/2637-4552.1159>

Swan, K.L., Schottelkorb, A., & Lancaster, S. (2015). Perceptions of relationship conditions and multicultural competence for child and adolescent counselors. *Journal of Counseling & Development*, 93(4), 48-190. Doi: 10.1002/jcad.12046

National Refereed Presentations

Lancaster, S., (2021). *Restorative Practices and Social Emotional Learning: Making Connections and Building Relationships*. Presented for the American School Counseling Association Annual Conference, Las Vegas, NV.

Lancaster, S., (2020). *Examining Ethical Dilemmas and Best Practices for Restorative Justice in the School Setting*. Presented for Law and Ethics in Counseling Conference, New Orleans, LA.

Lancaster, S., & Weber, B., (2020). *Promoting Ethical Responsibility for Graduate Students in an Online Learning Environment*. Presented for Law and Ethics in Counseling Conference, New Orleans, LA.

Lancaster, S., (2016). *A Look at Restorative Practices in the School Setting and the Community*. Presented for the Fall 2016 International Institute for Restorative Practices World Conference, Bethlehem, PA.

Regional Referred Presentations

Isom, E.E., Dowda, R. L., **Lancaster, S.**, Olliff, K., Weber, B., (2020). *The Use of Google Applications to Assess Student Progress in a Counseling Program*. North Central Association for Counselor Education and Supervision, Omaha, NE.

State Referred Presentations

Lancaster, S., (2022). *Restorative Practices: The Action Component of SEL Curriculum*. Presented for Kansas Counseling Association, Manhattan, KS.

Lancaster, S., (2022). *Using Restorative Practices as the Platform for Social Emotional Learning*. Presented for KSDE Safe and Supportive Schools, Virtual Presentation.

Lancaster, S., (2021). *Restorative Practices: Alternatives to Punitive Discipline*. Presented for Kansas Counseling Association, Virtual Presentation.

Lancaster, S., (2021). *Implementing Restorative Practices in the School Setting: Making Connections and Building Relationships*. Presented for Kansas Counseling Association, Virtual Presentation.

Lancaster, S., (2021). *Building Positive Relationships: Using Restorative Practices and Circles to Feel Heard*. Presented for Fort Hays State University Spring Professional Development Day, Hays, KS.

Lancaster, S., (2020). *Implementing Restorative Circles in the School Setting*. Presented for Kansas Counseling Association, Manhattan, KS.

Lancaster, S., (2020). *Restorative Practices: Changing School Climate*. Presented for Kansas Counseling Association, Manhattan, KS.

Lancaster, S., (2017). *Restorative Practices for School Climate and Discipline*. Presented for the Summer 2017 Kansas State University School Counseling Camp, Manhattan, KS.

Lancaster, S., (2016). *Restorative Practices; 7 Core Assumptions*. Presented for the Summer 2016 Kansas State University School Counseling Camp, Manhattan, KS.

Lancaster, S., (2016). *Implementing Restorative Practices in the School Setting*. Presented for the January 2016 Learning Forward Conference, Wichita, KS.

Lancaster, S., (2015). *Implementing Restorative Practices in the School Setting*. Presented for the Summer 2015 Kansas State University School Counseling Camp, Manhattan, KS.

Non-Refereed Presentations

Lancaster, S., (2022). *Teacher Self-Efficacy Related to Trauma Informed Practices*. Presented for DEI Research Institute Mini Conference Session. Presented Virtual for Fort Hays State University.

Lancaster, S., (2019). *Trauma and the Brain*. Presented for Southeast of Saline, USD 306, professional development day.

Lancaster, S., (2017). *Implementing Restorative Practices in the School Setting*. Presented for Central Kansas Cooperative in Education staff development.

Invited Guest Speaker

Lancaster, S., (2022). *Facilitating Social Justice Circles*. Presented for Lakewood Middle School 6th Grade Students, USD 305.

Lancaster, S., (2021). *Restorative Practices and Social Emotional Learning: Making Connections and Building Relationships*. Presented for the American School Counseling Association, ASCA@HOME online webinar series.

Lancaster, S., (2021). *Using Circles Effectively Training*. Presented for Valley Center Intermediate School, Valley Center, Kansas.

Lancaster, S., (2021). *Using Circles Effectively Training*. Presented for Clay Center Middle School, Clay Center, Kansas.

Lancaster, S., (2021). *Using Restorative Practices to Make Connections and Build Community*. Presented for Fort Hays State University Professional Development Day for area teachers and administrators.

Lancaster, S., (2020). *Building Positive Relationships: Using Circles and Restorative Practices to Feel Heard*. Presented for the Kelly Center, psychoeducational groups, Fort Hays State University.

Lancaster, S., (2019). *Trauma in the Classroom*. Presented for Noyce Scholars in Dr. Legleiter's class, Fort Hays State University.

Lancaster, S., (2019). *Facilitating Social Justice Circles*. Presented for Lakewood Middle School 6th Grade Students, USD 305.

Grants

Lancaster, S. (Principle Investigator), & Andersen, G. (2021, awarded- \$3,000) Incorporating Trauma Informed Practices in Education.

The funding is to provide resiliency toolkits to each classroom, K-6, at Southeast of Saline Elementary in Gypsum, Kansas. The toolkits are part of a project to provide trauma informed staff development to teachers throughout the course of the school year. The project will include staff pre and post intervention surveys to measure educator knowledge around the impact trauma has on students as well as how prepared they feel to respond to students

affected by trauma.

Community Service/Affiliations

State

2012-Present Member, Kansas Counseling Association (KCA)

Regional

2019-Present Member, North Central Association for Counselor Education and Supervision

National

2007-Present Member, American School Counseling Association (ASCA)