

**Täna M. Arnold, PhD, LPC**  
Curriculum Vitae

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**Education**

Doctor of Philosophy in Counseling and Student Development Kansas State University, Manhattan, KS Major: Counselor Education and Supervision, CACREP Accredited	2022
Master of Science in Counseling Fort Hays State University, Hays, KS Major: Clinical Mental Health Counseling and School Counseling	2015
Bachelor of Science in Education Fort Hays State University, Hays, KS Major: Elementary Education	2008

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**Counseling, Supervision, and College Teaching Experience**

<b>Assistant Professor</b> Counselor Education Program, Fort Hays State University	2022-Present
<b>Adjunct Instructor</b> Counselor Education Program, MidAmerica Nazarene University	2021-Present
<b>Clinical Supervisor</b> Community Counseling Center, MidAmerica Nazarene University	2022-Present
<b>Adjunct Instructor of Psychology</b> Graduate Psychology Programs, University of Saint Mary	2021-2022
<b>Counseling and Student Development Graduate Teaching Assistant</b> College of Education, Kansas State University	2017-2021
<b>Mental Health Counselor/ Owner</b> ViewPoint Mental Health Counseling, LLC	2015-Present
<b>School Counselor</b> Centennial Middle School, Montrose, Colorado	2014-2017

## K-8 Teaching Experience

7 <sup>th</sup> Grade English Language Arts Teacher Centennial Middle School Montrose, Colorado	2013-2014
3 <sup>rd</sup> Grade Teacher La Junta Intermediate School La Junta, Colorado	2012-2013
4 <sup>th</sup> Grade Teacher Golden Plains Elementary School Selden, KS	2009-2012

## Publications

- Lane, J., **Arnold, T.**, Brown, L., & Holloway, S. (in press) School counseling. In M. H. Guindon & J. Lane (Eds.), *A counseling primer: An orientation to the profession*. New York, NY: Routledge.
- Allen, D. S., Wood, A. J., Sponberg, E., & **Arnold, T. M.** (2019). Digitally mediated supervision: Redefining feedback systems in field-based courses. In T. Hodges & A. Baum (Eds.), *Handbook of research on field-based teacher education* (pp. 542-564). Hershey, PA: IGI Global. doi:10.4018/978-1-5225-6249-8.ch023

## Presentations

- Arnold, T.**, Frye, T., Carter, D., & Johnson, T. (2022, April). *Understanding the DSM 5-TR*. Full day Continuing Education Credit program, Olathe, KS.
- Arnold, T.** (2021, March). *Successful supervision of school counselors*. Program presented at the annual Kansas Counseling Association/Kansas School Counseling Association conference, virtual.
- Carroll, D., **Arnold, T.**, & Ortiz, S. (2019, February). *Examining the intersectionality of ethical codes and best practice standards for group counseling in K-12 schools*. Program presented at the Annual Law and Ethics in Counseling Conference, New Orleans, LA.
- Arnold, T.**, & Ortiz, S. (2018, November). *Examining the intersectionality of ethical codes and best practice standards for group counseling in K-12 schools*. Program presented at the 69<sup>th</sup> Annual Fall Conference for Counselors, Emporia, KS.
- Ortiz, S., & **Arnold, T.** (2018, November). *Mentoring to transform school counseling practice*. Program presented at the 69<sup>th</sup> Annual Fall Conference for Counselors,

Emporia, KS.

**Arnold, T.** (2018, May). *Applying social emotional learning strategies to build positive school culture*. Program presented at the Annual School Counselor Camp, Manhattan, KS.

**Arnold, T.** (2018, March). *10 self-care strategies beyond deep breathing*. Program presented at the annual Kansas Counseling Association conference, Wichita, KS.

**Arnold, T., & Lantz, T.** (2016, November). *How to develop a comprehensive transition program to and from middle school*. Program presented at the Annual Colorado School Counselor Association Convention, Colorado Springs, CO.

### Licenses

Licensed Professional Counselor- 3623 Kansas Behavioral Science Regulatory Board	2020
Licensed Professional School Counselor-4843271527 Kansas Department of Education	2020
Professional Teaching License 94513 Colorado Department of Education Elementary Education (K-6) English Language Arts (7-12)	2013

### Professional Affiliations and Organizations

American Counseling Association (ACA)  
American School Counselor Association (ASCA)  
Association for Counselor Education and Supervision (ACES)  
Association for Multicultural Counseling and Development (AMCD)  
Kansas School Counselor Association (KSCA)

### Professional Service

Department Chair Special Education, Counseling, and Student Affairs Search Committee, College of Education, Kansas State University	2019
Associate Dean of Research and External Funding Search Committee, College of Education, Kansas State University	2019
Kansas School Counselor Association Treasurer	2018- 2021

### Awards and Honors

Outstanding Graduate Teaching Assistant Award	2018-2019
College of Education Graduate Student Award	2018-2019