

Curriculum Vitae

Tristen Caren Hyatt

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General Information

E-mail address: tchyatt@fhsu.edu

Professional Preparation

2018 PHD, Auburn University: Auburn, AL. Major: Counselor Education and Supervision-CACREP accredited.

Hyatt, Tristen. (2018). *A Phenomenological Study: Self-Care and Work-Life Balance among Pre-tenure Counselor Educators*. Unpublished doctoral dissertation, Auburn University, Auburn, Alabama.
Unpublished doctoral dissertation, Auburn University: Auburn, AL.

2013 MS, Troy University: Phenix City, Alabama. Major: Clinical Mental Health-CACREP accredited.

2009 BS, Columbus State University: Columbus, GA. Major: Sociology.

2007 AS, Chattahoochee Valley Community College: Phenix City, AL. Major: Applied Science.

Professional Credential(s)

2019–present Licensed Professional Counselor (LPC) #011078.

2014–present National Certified Counselor (NCC) #328947.

2022-present Certified Professional Counselor Supervisor (CPCS) #4112.

Current Membership in Professional Organizations

American Counseling Association
Licensed Professional Counselor Association of Georgia
Association for Counselor Education and Supervision
National Career Development Association

Professional Experience

- 2022-Present **Owner & Clinician** | Safe Space Healing, LLC- Private Practice (Online)
Provide therapy to a limited number of clients weekly. (part-time)
- 2023- Present **Individual & Group Therapist** | Angel House of Georgia, Gainesville, GA.
Counselor for an women's only residential substance use treatment provider.
- 2022-2023 **UNG Clinical Director | Assistant Professor**, University of North Georgia, Cumming, GA.
Clinical director is responsible for supervising, training and overseeing the UNG community clinic. A training clinic (associated with the counseling program(s) at UNG) that provides free mental health counseling services to community members. Specifically, this clinic provides free services to six counties via in-person and online mental health, college and career, couples, recovery, and grief counseling. In addition to clinical director responsibilities, I teach courses at UNG, provide service to the UNG department, college and community.
- 2018–2022 **Teaching Faculty I**, Edu Psychology & Learning Sys, Florida State University, Tallahassee, FL.
Responsible for coordination of the MS/EDS CACREP accredited Career Counseling Program at FSU, from recruitment, to admissions and beyond. Furthermore, since Spring of 2019, I have been the CACREP liaison for the MH and Career Counseling Programs, working to ensure that both of these programs were re-accredited for 8 years, recently. Presently, am working to re-accredit the school counseling program (which recently restarted). In addition, course scheduling is my responsibility, and this was completed for the next three years across all three tracks (school, MH, and career) in the counselor education program.
➤ Nominated for Graduate Teaching Faculty of the Year 2022 and 2020, in College of Education.
- 2017–2018 **Assistant Professor**, College of Education and Health Professions, Columbus State University, Columbus, GA.
- 2015–2018 **Part-Time Counselor**, Columbus State University, Columbus, GA.
Counseled students with a wide range of needs from transitional stress, vocational/career related stress, mental illness, substance abuse, and trauma in an on-campus counseling center. Additionally, participated in ongoing outreach, social justice and advocacy related events to the mental health field on campus to further education and decrease stigma.
- 2015–2017 **Career Counselor (Graduate Assistant)**, Student Athlete Success Center, Auburn University.
Counseled students in relation to vocational choices and career exploration. Provided guidance on majors, internships, job placements, professionalism while adhering to NCAA guidelines. Additionally, interpreted career related assessments, review resumes, assist with cover letters, and interact and

communicate with employers for annual career fair development and planning.

2015 **Career Counselor (Graduate Assistant)**, Office of Professional and Career Development, Auburn University.

Provided assistance to undergraduates related to resume development, cover letter development, and interviewing techniques. Counseled students needing vocational guidance and exploration of future goals.

2014 **Intake Coordinator**, Bradley Center Psychiatric Hospital, Bradley Center Hospital., Columbus, GA.

Conducted crisis assessments within local emergency rooms to determine level of treatment needed to ensure client reached baseline without harm to self or others. Worked twelve hour shifts on weekends and third shifts throughout the week, for one year to gain additional crisis experience.

2010–2014 **Clinical Outpatient Counselor (2012 to 2014)**, American Work Inc., Columbus, GA.

Performed clinical assessments, individual/couple/group/crisis counseling, and intakes. Worked collaboratively with supportive employment services to assist individuals with career seeking and vocational exploration. Additionally, provided resources to clients, coordinated services with treatment team in a collaborative fashion to ensure needs of clients were met, completed treatment plans, completed diagnostic impressions for psychiatrist, and worked crisis line monthly.

Community Support Representative (2011 to 2012), American Work Inc., Columbus, GA.

Taught and supervised independent living skills to clients on caseload to ensure effective transition into the community from mental health residential living. In addition, coordinated with community agencies and staff to provide holistic care to clients to prevent future crises/hospitalizations.

Case Manager (2010 to 2011), American Work Inc., Columbus, GA.

Assisted mental health clients living within a residential site (individuals released from state prisons or hospitals) to ensure compliance with court orders, medications, and ensure activities of daily living were being met to meet the ongoing needs of clients on assigned caseload.

Teaching

Courses Taught

Piedmont University

Counseling Skills (CNSL6420)

Practicum (CNSL 6450)

Psychopathology & Diagnosis (CNSL 6430)

University of North Georgia

Practicum in Counseling (COUN7500)

Internship in Counseling (COUN7510)

Adv. Humanistic Couns. (COUN7010)

Clinical Assessment (COUN6600)
Clinical Assessment Lab (COUN6610)
Group Counseling (COUN6300)
Group Counseling Lab (COUN6310)
Theories and Skills (COUN6200)
Theories Lab (COUN6210)
Foundations & Ethics (COUN6000)

Florida State University

Consultation and Organizational Development (MHS6600)
Group Counseling: Theory and Practice (MHS5511)
Internship (SDS5820)
Career Development Program Design and Evaluation (MHS5341)
Foundations of Career Development (MHS5340)
Introduction to Counseling Theories and Techniques (MHS5400)

Columbus State University

Counseling Seminar (COUN 6745)
Mental Health Internship (COUN 6698)
Human Growth and Development (COUN 6119)
Mental Health Practicum (COUN 6405)
Analysis (COUN 6245)

Other Teaching Experiences

Mental Health Internship Supervisor-Auburn University (COUN 7920)
Group Counseling-Teaching Practicum-Auburn University (COUN 7340)
School Counseling Practicum-Teaching Practicum-Auburn University (COUN 7910)
Crisis Response Management-Teaching Practicum-Troy University (CP 6635)
Career Exploration-Graduate Teaching Assistant-Auburn University (COUN 1000)

Research and Original Creative Work

Publications

Refereed Journal Articles

- Dozier V. C., Reardon, R. C., Sampson, J. P., Jr., Kennelly, E. L., Stallings, E., Hyatt, T., Peterson, G. W., Lenz, J. G., Saunders, D. E., & Makela, J. P. (2023). Case study for individual case-managed services. In J. P. Sampson, Jr., J. G. Lenz, E. Bullock-Yowell, D. S. Osborn, & S. C. W. Hayden (Eds.). *Cognitive information processing: Career theory, research, and practice*. Florida State Open Publishing. https://doi.org/10.33009/fsop_sampson1123.ch14
- Osborn, D. S., Hayden, S. W. C., Reid Marks, L., Hyatt, T., Saunders, D. E., & Sampson, J. (2022). Career practitioners' response to career development concerns in the time of covid-19. *Career Development Quarterly*, 31 pages.
- Reed, S., & Hyatt, T. (2021). Perceptions of Students and Associate Counselors on Preparedness for Substance Use Counseling. *Georgia Journal of Professional Counseling*, 15(1), 2-22.
- Marks, L. R., Hyatt, T., Saunders, D., Hayden, S., Osborn, D., & Sampson, J. (2021). The intersection of career and mental health from the lens of Cognitive Information Processing Theory. *Journal of the National Institute for Career Education and Counselling*, 47(1), 38-43.

Osborn, D. S., Dozier, C., & Hyatt, T. (2021). Training career practitioners for a virtual world. *Career Planning and Adult Development Journal*, 37(2), 247-257.

Hughes, K., & Hyatt, T. C. (2020). Applying Cognitive Information Processing Career Theory to Australian High School Career Development Practice. *Career Planning and Adult Development Journal*, 35(4), 109-124.

East, C., Powers, D. F., Hyatt, T., Wright, S., & May, V. S. (2016). Counselor Training and Poverty-Related Competencies: Implications and Recommendations for Counselor Training Programs. *ACA Vistas*.

Refereed Book Chapters

Hyatt, T., Rowell, C., (2024). Challenging Techniques. In A. Shillingford & S. K. Butler, *Introsectionality: Becoming a Culturally Competent Counselor*. Cognella Publishing: Solana Beach, CA.

Hyatt, T., Murphy, P., Norris, M., & Smith, R. (2015). Working with Values and Discrepancies in Substance Use. In C.S. Bhat, Y. Pillay, & P.R. Selvaraj (Ed.), *Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorder* (pp. 169-172). Alexandria, VA: Association for Specialists in Group Work.

Presentations

Refereed Presentations at Conferences

Hyatt, T., C., & Scanlon, J. (2023). *Career Counselor Role with Veterans' Career Transitions: Thank You for Your Service! What's Next?*
Presentation at National Career Development Association, NCDA, Chicago, Illinois. (National).

Hyatt, T., C., Redmond, H., Pisarik, C., Makri-Michael, S., & Connelly, E., (2023). Career Counseling Multicultural Competency Best Practices in an Ever-Changing World. Presentation at National Career Development Association, NCDA, Chicago, Illinois. (National).

Hyatt, T. (2022). *Emotional Crises Among Helping Professionals*. A Call to Action: Promoting Mental Health and Well Being in Higher Education Conference, Troy University, Phenix City, AL. (State)

Hyatt, T. C., & Scanlon, J. (2022). *Autism Spectrum Disorder (ASD) Career Concerns: The Invisible Missing Labor Market*. Presentation at National Career Development Association, NCDA, California. (National)

Hyatt, T. C., Dozier, C., Brookens, Q., & Peace, C. (2022). *Career Counseling in Today's Global World: Intersectionality of Career Counseling, Social Justice, and Advocacy*. Presentation at National Career Development Association, NCDA, California. (National)

Dozier, C., Hyatt, T. C., & Jerez, J. (presented 2021, July). *Emotionality and CIP: The vital nature of emotions & CIP in career exploration during a pandemic*. Presentation at National

Career Development Association, NCDA. (National)

- Hyatt, T. C., Dozier, C., Stallings, E., Emad, R., & Scanlon, J. (presented 2021, July). *The Bravery to Change Careers: Understanding the Barriers while Promoting Self-Care, Wellness and Self-Exploration*. Presentation at National Career Development Association, NCDA. (National)
- Morgan, M., Hyatt, T. C., Morgan, J., & Chin, A. (presented 2020, September). *How Can I Address White Fragility to Facilitate Meaningful Discussion on Racism?* Presentation at Directo Conference, FSU Program for Instructional Excellence, Online. (Local)
- Dozier, C., & Hyatt, T. C. (2020). *You Came in to Talk about Your Career, Now Let's Talk about What's Really Going On*. Presentation at National Career Development Association Conference, NCDA, Online. (National)
- Fucillo, S., Hyatt, T. C., & May, S. (presented 2019, October). *Caring for the Caregivers: Infusing Vicarious Trauma Prevention in Supervision*. Presentation at Association Counselor Education and Supervision Conferences, ACES, Seattle, Washington. (National)
- Hyatt, T., Stalling, E., Sheperd, L., & Connelly, E. (2019). *Career Counseling and Mental Health: How They Intersect and How We Intervene*. Presentation at National Career Development Association, NCDA. (National)
- Hyatt, T., & Reed, S. (presented 2018). *Perceptions of Students and Associate Counselors on Preparedness of College Counseling*. Presentation at American Counseling Association Conference, American Counseling Association, Atlanta, GA. (National)
- Reed, S., & Hyatt, T. (presented 2017). *Perceptions of Students and Associate Counselors on Preparedness of Substance Use Counseling*. Presentation at National Association of Addiction Counselors Conference, National Association of Addiction Counselors (NAADAC), Denver, CO. (National)
- Stallings, E., Fucillo, S., Murphy, P., & Hyatt, T. (presented 2016). *Fostering Hope and Resilience by Decreasing Anxiety and Situational Depression in College Job Seekers*. Poster presentation at Southern Association of Counselor Education and Supervision, Association of Counselor Education and Supervision (ACES), New Orleans, LA. (Regional)
- Hyatt, T., Barnett, J., May, S., & Carney, J. (presented 2016). *Strategies to Incorporate Poverty Education into Counseling Curriculum*. Poster presentation at Southern Association of Counselor Education and Supervision, Association of Counselor Education and Supervision (ACES), New Orleans, LA. (Regional)
- Fucillo, S., & Hyatt, T. (presented 2016). *Substance Abuse and Adolescents*. Presentation at Substance Abuse and Special Populations, Alabama Association of Offenders and Addiction Counselor (AALOC), Montgomery, AL. (State)
- Barnett, J., Hyatt, T., & May, S. (presented 2016). *The Integration of Poverty Education into*

Counseling Programs Curriculum. Poster presentation at Eastern Education Research Association Conference, Eastern Education Research Association (EERA), Hilton Head, SC. (Regional)

East, C., May, S., Wright, S., Powers, D., & Hyatt, T. (presented 2015). *Creating a Holistic Perspective of Multiculturalism: Incorporating Poverty-Related Competences into Counselor Training Programs*. Poster presentation at Alabama Counseling Association Conference, Alabama Counseling Association (ALCA), Montgomery, AL. (State)

Sandusky, B., & Hyatt, T. (presented 2015). *Creative techniques in group supervision to increase counselors- in-training reflexivity*. Presentation at Southern Association of Counselor Education and Supervision, Association of Counselor Education and Supervision (ACES), Philadelphia, PA. (Regional)

Iarussi, M., Hyatt, T., Freeman-Horn, L., Chapman, M., & Townsend, D. (presented 2015). *Motivational Interviewing: Promoting Behavior Change*. Presentation at Alabama Counseling Association Conference, Alabama Counseling Association (ALCA), Montgomery, AL. (State)

Hyatt, T., & May, S. (presented 2014). *Diversity Training in Master's Counseling Preparation Programs*. Poster presentation at Alabama Counseling Association Conference, Alabama Counseling Association (ALCA), Huntsville, AL. (State)

Invited Workshops

Iarussi, M., & Hyatt, T. (2017). *Advanced Group Counseling for Addiction*. Workshop delivered at McLeod Institute, University of North Carolina-Charlotte. (Regional)

Burgan, M., Hyatt, T., & Gowan, M. (2012). *The Ethical Challenge*. Workshop delivered at Pastoral Institute. (Local)

Nonrefereed Workshops

Hyatt, T., & Burgan, M. (2013). *Comprehensive Counselor Preparation Workshop*. Workshop delivered at Troy University. (Local)

Invited Lectures and Readings of Original Work

Hyatt, T. (2015). *Strong Assessment and Its' Impact on Workforce Development*. Delivered at Auburn University course ADED 7646, Auburn University. (Local)

Service

UNG Service

CACREP Accreditation Committee-Committee Member

CHSP Strategic Committee Member

Recruitment Committee Member

Ad Hoc Committee-Department Policy Development

Wellness Committee-Committee Chair

Chi Sigma Iota- Gamma Gamma Epsilon Chapter Co-Faculty Advisor

Diversity, Equity, Inclusion & Awareness Committee- Committee Member

Service to the Profession

Professional Associations

National Career Development Association (NCDA). Read through the upcoming conference proposals assigned to me and graded on an anonymous rubric (2020).

Professional Development Chair, Collaborate with board members of the ALAAOC division of ALCA (Alabama Counseling Association) to help coordinate professional development opportunities, Alabama Association for Addictions and Offenders Counseling (AALOC) (2016–2017).

Volunteer Co-Coordinator, Collaborated in a team to brainstorm, problem-solve, and develop community activities that relate to advocacy and social justice. Coordinated involvement in the Out of the Darkness walk in October 2015. Marketed and coordinated blanket drive for Chambers County Department of Health in November-December 2015 through the counseling department at Auburn University. Co-led a group session of ethics and group counseling skills for master level students to assist them in prepping for CPCE, Chi Sigma Iota-Iota Delta Sigma Chapter at Auburn University (2015–2016). President, Led study forums and workshops for the Counselor Preparation Comprehensive Examination yearly. Coordinated with faculty adviser regularly to maintain stability of club and ongoing student involvement. Collaborated and engaged study body in annual food and clothing drives. Kept and maintained annual report for organization, Chi Sigma Iota-Theta Sigma Pi Chapter at Troy University (2012–2014).

Service to the Community

Hispanic Alliance Fair- September 2022

Provided mental health screening and resources to Latinx populations 6+, using BDI and BAI.

North Georgia Child Advocacy Coalition- September 2022 to December 2023

Member on the board- discussing needs of the coalition, training and opportunities to support growth and development of resources around CAC's mission and vision.

Member of Board of Directors/Leadership Board, Joined the Board of Directors with the Columbus, GA chapter of NAMI. Maintained accurate financial records, as acting treasurer from March 2016 to August 2018. Additionally, collaborate with board to develop ongoing strategies to engage in community advocacy to educate on mental health to decrease the stigma with the slogan of "You are not alone" in mind. Assisted with re-affiliation and the change from a board of director to a leadership board in Fall 2018, National Alliance of Mental Illness (2016–2020).

Service to Other Universities

Florida State University Service

FSU Department Service

Liaison, CACREP Liaison for Counselor Education Programs (2018–2022).

Worked as the liaison for the 8-year accreditation site visit that took place in November, 2020. I am the CACREP liaison for the Counselor Education Program. Through the accreditation process, I re-worked the comprehensive assessment plan, syllabi, signature assessments, rubrics, prepared for a site visit to take place virtually and delegated responsibilities.

Coordinator, Career Counseling Program Coordinator (2019–2022).

Coordinator of the Career Counselor MS/EDS program. Market, recruit and continually develop the career counseling program.

Member, Faculty Search Committee (2019).

Member of search committee for two counselor education positions.

FSU Program Service

Co-Faculty Advisor, Chi Sigma Iota National Honor Society (2020–2022).

Co-faculty advisor for the FSU chapter of Chi Sigma Iota (Lambda Sigma Mu) the CACREP approved national honor society, for Master's Level counseling programs.

Liaison, CACREP Liaison for Counselor Education Programs (2018–2022).

Liaison for CACREP accreditation process-career and mental health counseling programs in counselor education with EPLS. Member, Dunlap Student Success Center (Career Center) Scholarship Committee Member (2019–present).

Review scholarship applications submitted to the Dunlap Student Success Center to help facilitate scholarship decisions.

Coordinator, Course Scheduler (2019–2022).

Coordinate and schedule the courses for three counselor education programs-career, clinical mental, and school counseling.

Counselor Education Faculty Member, CACREP (2018–2019).

Assist with ongoing review and development of needed materials for CACREP re-accreditation process.

Faculty Adviser, Counseling Students Research Association (2018–2020).

Provide support to students within the organization, as a co-faculty adviser.

Faculty Adviser, Counselor Education Student Association (2018–2020).

Provide support to students within the organization and assist with ongoing events. This organization rolled into Chi Sigma Iota National Honor Society; thus, it no longer exists as an independent organization at FSU.

Columbus State University Service

Member, *Zero Suicide Initiative Committee-Columbus State University* (2018).

Member, *Retention and Progression Graduate Committee-Columbus State* (2017–2018).

Faculty Adviser, *Licensed Associate Professional Counseling organization of Columbus State* (2017–2018).

Assisted with coordination of welcome event for new students, clothing drive for Columbus community mental health agencies, assisted with planning the Winter Social for counseling students, assisted with ongoing panel events, and brainstormed advocacy and social justice outreach events.

Faculty Member, *Clinical Mental Health Counseling Program-Columbus State- CACREP Re-accreditation* (2017).
Assisted throughout CACREP re-accreditation process.

Facilitator, *Equip, Engage, and Energize Workshop-Columbus State* (2017).

References:

Dr. Casey Dozier

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FSU, FL- Counseling Director- Career Services
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& Angel House of Georgia
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Dr. Kathleen Krach

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