

# KELLY CENTER

Support Services to Enhance  
Academic and Personal Success at FHSU

## PERSONAL COUNSELING

**IS SOMETHING BOTHERING YOU?  
DO YOU FEEL UNCOMFORTABLE TALKING ABOUT IT  
WITH YOUR FAMILY OR FRIENDS?**

When you need to get a different perspective or need support, **Personal Counseling Services** can address your needs. We offer therapy services to help with such areas as managing stress and anxiety, coping with transition, dealing with relationship difficulties, and learning problem-solving techniques for college success.

- Free and confidential one-on-one counseling
- Online self-help resources and screenings
- Crisis support

## ALCOHOL AND DRUG COUNSELING

**ARE YOU CONCERNED THAT ALCOHOL OR DRUGS MAY  
IMPACT YOUR COLLEGE SUCCESS? ARE YOU WORRIED  
ABOUT YOUR OWN, A FRIEND'S, OR A FAMILY  
MEMBER'S USE?**

The **Drug and Alcohol Wellness Network (DAWN)** can help you navigate these issues and grow through addressing them. We provide the following resources to help support the challenges that result from alcohol or other drug use:

- Substance abuse evaluations and consultations
- Confidential counseling
- Alcohol Information Seminars (AIS)
- Online alcohol screenings

## NATIONAL TESTING SERVICES

**DO YOU NEED TO FULFILL EDUCATIONAL OR CAREER  
GOALS BY TAKING A STANDARDIZED EXAM?**

**Testing Services** and the **Prometric Testing Center** administer many of these exams which include college and graduate school admissions tests, credit-by-examination assessments, and professional licensure and certification exams. We can help you by providing information on:

- Test dates and times
- Registration procedures
- Testing policies
- Test preparation resources

## STUDENT ACCESSIBILITY SERVICES

**DO YOU HAVE A DOCUMENTED DISABILITY OR HEALTH-  
RELATED ISSUE? ARE YOU CONCERNED YOU MAY HAVE  
A LEARNING DISABILITY?**

The **Student Accessibility Services** office can help you obtain academic accommodations for many kinds of disabilities. These services and accommodations may include:

- Distraction-reduced testing environment
- Extended time for exams and in-class writing assignments
- Alternate format textbooks and class materials
- Assessments for specific and general learning disabilities

## PEER TUTORING

**DO YOU WANT TO STRENGTHEN YOUR ACADEMIC  
SKILLS AND IMPROVE CLASSROOM PERFORMANCE?**

Free **Peer Tutoring** is available to help with most General Education courses including math, science, foreign language, English and other subjects. Our tutors are current FHSU students who have proven strengths in specific subject areas. They provide insight and support through:

- Individualized tutoring sessions
- Assistance with understanding course concepts and textbook material
- Help with reviewing essential skills and knowledge

## CONTACT INFORMATION

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**FORT HAYS STATE UNIVERSITY**  
KELLY CENTER

*Forward thinking. World ready.*