




WELCOME TO OUR Monthly Newsletter

ANNOUNCEMENTS

Welcome to all new and returning international students, we are thrilled to have you here at Fort Hays State University! This fall, we proudly welcome international students from 47 different countries. You are all valued members of the Tiger Family!

A few important reminders for you:

Stay Informed: Make sure to read our monthly newsletters, weekly emails, and check your university email daily.

Take Action: In the newsletters, we will indicate an action item with this icon . Please take time to read and follow up on all action items to ensure you maintain your immigration status.

Get Connected: Get involved on campus and take advantage of all the activities offered! Getting involved is a great way to meet new people, experience American culture, and have fun!

If you have any questions, please don't hesitate to contact us. We look forward to seeing you on campus and wish you a fantastic fall semester!



SERVICES

Update address in Workday

ACT NOW 

All international students are required to provide a current mailing address and phone number. It is important that your information stay current at all times as USCIS (U. S. Immigration and Customs Enforcement) requires our office to maintain student records in SEVIS (Student Exchange Visitor Information System).

Take a moment to make sure your current mailing address and phone number is updated:

1. Log into Workday
2. Click your picture or round circle at the top right corner
3. Click on view profile; this will bring you to a page with a blue navigation bar on the left
4. Click the Contact link
5. Click edit for your address
6. You will want to ADD an address by clicking the pencil icon at the left of the box; do not change or delete your permanent address from this space. Make sure to check this as your primary address. When done, click the check mark at the right corner of the address box.
7. Final step is to click SUBMIT at the bottom left

Employment opportunities

If you're interested in working on campus, you can explore job opportunities by clicking on the "Career" icon in Workday or visiting [FHSU International Employment](#)

Important Guidelines for F-I and J-I Visa Holders:

You are permitted to work a maximum of ****20 hours per week**** across all on-campus jobs while school is in session.

If you have a Graduate Assistantship, it is considered an on-campus job and will count toward your 20-hour weekly limit.

Working off-campus is ****not allowed**** unless you have obtained approval for ****Optional Practical Training (OPT)**** or ****Curricular Practical Training (CPT)****.

Important Reminder: Exceeding the 20-hour weekly limit is a serious violation. If a student works more than 20 hours in a week, both the student and their supervisor will be contacted.

If you have any questions or need further clarification, please reach out to our office.



GET CONNECTED

International Student Union (ISU)

All students, new and returning, are encouraged to join the International Student Union (ISU) and connect with peers from around the world. ISU hosts events and activities that help international students meet new friends, explore different cultures, and adjust more easily to a new environment. Become a member today and make the most of your university experience!

- Follow ISU on Instagram @isu_fhsu for information on upcoming events including:
 - Homecoming Parade on October 7
 - Trip to the Wichita Asian Festival on October 12
 -and more events throughout the year!
- Membership is just \$10, and members receive discounts on trips and activities. Join ISU today!

Corq/First 40 Days

The Corq app is your go-to for easy access to all things happening around campus! Simply log in with your TigerNetID to explore events, find activities based on your interests, and stay in the loop with everything going on. Check out the [Corq app website!](#)

Don't miss the First Forty Days! This initiative is packed with events designed to help you meet new people, get involved, and make lasting memories during your first few weeks at FHSU. Check out the schedule [here](#) and make plans to join in!

Intramurals

Fort Hays State University offers a variety of intramural sports and activities for all skill levels, from flag football and soccer to spikeball and ping pong. It's a great way to stay active, relieve stress, and make new friends! You can join a team with friends or sign up as an individual. With plenty of leagues and tournaments throughout the semester, there's always something exciting happening. Don't miss out—get involved, have fun, and make the most of your FHSU experience! Register for events/activities at [Intramurals](#) and follow the directions.

Social Media

Be in the know and follow us on social media!

Website: www.fhsu.edu/international/index

Facebook: www.facebook.com/FHSUIISS/

Instagram: @fhsu_international





ADDITIONAL RESOURCES: LIVING AND LEARNING AT FHSU

WORKDAY: Student Resources

Workday is FHSU's student information system where you register for classes, view your academic plan, update contact information, and pay for courses at FHSU. Be sure to bookmark Student [Workday resources](#) for student self-services how-to instructions and videos on a variety of functions in the platform.

LIVING SECTION:

Student Residential Life

Living on campus is a great way for students to make friends and feel at home in a new country. Residence halls are designed to bring together students from different backgrounds, offering comfortable rooms, study spaces, and places to relax and have fun. There are many social events where you can share your culture, learn from others, and build lasting friendships. Plus, community assistants (CA) and staff are always available to help with anything you need, making your transition to campus life easier. Enjoy this chance to live, learn, and grow together in a welcoming community!

Tiger Food Exchange

The Tiger Pantry is well-stocked with canned and packaged foods, and a small supply of meats. The pantry is a distribution point for Victor E. Garden produce, both fresh and frozen. The Tiger Pantry also stocks a small supply of toiletry items such as shampoo and soap, and some cleaning supplies. The Tiger Pantry is located on the first floor of the Memorial Union in the Chestnut Room.

Transportation

While attending FHSU, students will likely want to explore the wider Hays community and visit places beyond the campus. Both FHSU and the Hays community provide a variety of [transportation](#) options to make getting around easy. To ensure a smooth experience, students are encouraged to save important transportation contact numbers on their mobile phones.

LEARNING SECTION:

Writing Center

FHSU students can receive free, one-on-one writing consultations at any stage of the writing process. Their goal is to help students become better writers and develop strong writing habits through personalized sessions. Their team of trained undergraduate and graduate consultants offers guidance on various aspects of writing, including understanding assignment guidelines, brainstorming, organizing content, evaluating sources, revising, and improving technical skills. The Writing Center will also provide feedback on application materials like résumés and cover letters, supporting students in all disciplines with effective writing strategies and techniques. Visit the [Writing Center](#) to make an appointment.

Tutoring

College course work can be challenging, and you may need extra help with understanding textbook material and course concepts. The FHSU Student Success & Retention provides FREE [tutoring services](#) to help you strengthen your skills and ultimately improve your classroom performance.

Academic Calendar

Information on important dates, deadlines, and breaks for the fall 2024 semester can be found on the [Academic Calendar](#).