# **GATEWAY PROGRAM**

Fort Hays State University & Fort Hays Tech | North Central Program services for you!

# Academic Advising and Career Exploration Center (AACE), 311 Picken Hall – 785.628.5577

If you are unsure about your future, the Academic Advising and Career Exploration Center is an essential resource for you. Our goal is to assist you in developing a meaningful education place that meets your career goals and helps prepare you for a life of change, challenge and individual fulfillment. A career counselor can provide you with the opportunity to visit about your career path and assess your next step.

### Athletics, 138 Cunningham Hall - 785.628.5524

Come support Tiger Athletics! Free access to regular season FHSU athletic events is available with your Tiger ID card. Visit the Tiger ID Center in the Memorial Union to get yours.

### Center for Student Involvement (CSI), 014 Memorial Union - 785.628.4664

The Center for Student Involvement (CSI) is an area for students to enhance their total educational experience through co-curricular opportunities at FHSU. CSI houses the following offices: the University Activities Board, Student Organizations, and Special Events. We have over 100 student organizations just waiting for your participation. Develop your leadership potential and make a positive impact upon the community life of campus.

# Food Service (Chartwells), 128 McMindes Hall - 785.628.4476

No meal plan? You can still use the Memorial Union food service at the McMindes Café with cash, credit, debit, or Flexi Cash. Flexi Cash is a balance system that works just like cash, which puts a dollar amount on your Tiger Card. Flexi Cash can be used at any dinning service locations in the Memorial Union including: Pizza Hut, 2mato, Mondo Subs and/or Starbucks.

## Intramurals, 128 Cunningham Hall - 785.628.4373

The Intramurals Recreation Sports department strives to provide a broad and competitive variety of physical and social activities designed to meet the diverse needs and interests of students. It offers different activities ranging from basketball and softball to fantasy football and the annual Easter egg hunt. For more information, visit <a href="https://www.fhsu.edu/hhp/intramurals/">www.fhsu.edu/hhp/intramurals/</a>

# Kelly Center & Academic Success Programs (Counseling & Tutoring), 111 Picken Hall – 785.628-4401

The Kelly Center is a student support service center. They provide academic success programs and peer tutoring for enhancing academic skills, personal counseling services for guiding personal growth, testing services for administering national examinations, and The Drug and Alcohol Wellness Network (DAWN) for preventing and treating alcohol and drug abuse. Services are free with the exception of substance abuse evaluations and testing fees.

#### Memorial Union, 208 Memorial Union – 785.628.5305

The Memorial Union is your on campus home away from home. Starbucks, student activities, study areas, Ipads in Cody Commons, food, lounges, Student Health Center, Tiger Spirit Shop, and Relaxation Zone massage chairs are some of the services offered in the Memorial Union. Meeting student needs is a top priority in the Memorial Union. Find what awaits you at <a href="https://www.fhsu.edu/union/">www.fhsu.edu/union/</a>.

#### Parking - Center for Public Safety, 112 Custer Hall - 785.628.5304

Parking permits are required beginning the first day of classes for any vehicle parked on campus between 7 am and 5 pm, or 24 hours a day in the residence hall lots. Purchase a permit at the Center for Public Safety, located in the lower level of Custer Hall, or online at <a href="https://www.fhsu.edu/university-police/parking/">www.fhsu.edu/university-police/parking/</a>.

#### Residential Life, 126 McMindes Hall – 785.628.4245

The Residential Life Office provides several different types of housing options, including, traditional residence halls, suites, apartments, and family housing apartments. If you would like to learn more information about living on the FHSU campus, or would like to set up a tour, you can contact the Residential Life Office at 785-628-4245, srl@fhsu.edu or by stopping by the Residential Life Office located in McMindes Hall, room 126. To complete an application go to <a href="https://www.fhsu.edu/reslife/">www.fhsu.edu/reslife/</a>.

#### Student Health Center, 045 Memorial Union – 785.628.4293

Not feeling well? Fever? Headache? Sprained ankle? Maybe you just need to talk to someone about a really personal health problem that no one else needs to know about? We're here for you when you need questions answered, need a doctor or nurse to evaluate a problem, or need treatment for a minor health concern. Take advantage of our secure online scheduling and registration system to schedule your own appointment, preregister for services, visit the Student Health Center, all of your information and health records are confidential.

#### Tiger Card Center, 208 Memorial Union – 785.628.5533

Your Tiger Card may be obtained in the Tiger Card Center, located on the 2<sup>nd</sup> floor or the Memorial Union, room 208. You will need to take your Gateway receipt to the office as proof of payment, as well as a photo ID, such as a current driver's license, passport, or military ID must be presented to get a Tiger Card. The first card costs \$10.00. Your Tiger Card is required for the check-out of library materials, access to residential life meal plans and cafeteria flexi-cash, use of the Student Health Center, Intramurals recreational areas, and admission for athletic and cultural events.

#### **TigerTech, 127 Tomanek Hall – 785.628.3478**

TigerTech is the focal point for technical assistance, referral information, and access of FHSU computing and telecommunication services. TigerTech provides assistance with using the TigerTracks Web portal, accessing FHSU e-mail, gaining on-campus Internet and wireless access, and performing many other technology-related tasks. Also, all official FHSU communications are sent via email. You will receive a <a href="mailto:omail.fhsu.edu">omail.fhsu.edu</a> email address. Please make sure to forward this account to another account or check it regularly for important information. For more information, visit <a href="https://www.fhsu.edu/tigertech/">www.fhsu.edu/tigertech/</a>

#### Tiger Tots, 109 Rarick Hall – 785.628.4101

Tiger Tots Nursery is a preschool/child care center on Fort Hays' campus that offers care to children 2.5 to 6 years old. Your child will learn and grow at TigerTots. To find out more or to fill out an application, visit <a href="https://www.fhsu.edu/tigertots/">www.fhsu.edu/tigertots/</a>

#### Transition Inclusion & Diversity Excellence (TIDE), 208 Sheridan Hall – 785.628.5824

Transition Inclusion & Diversity Excellence (TIDE) is where you can get involved with one or more diversity student organizations: Black Student Union (BSU), Hispanic American Leadership Organization (HALO) and the Gay-Straight Alliance (GSA). These organizations are open to all students regardless of race, gender identity, and religion. Our office also creates campus-wide educational programs that help broaden our students' concepts of the many kinds of diversity that face us throughout the world. We are champions for student success!

#### University Police, 112 Custer Hall – 785.628.5304

The University Police Department's core services includes 24 hour police patrol, protection and threat prevention, criminal investigations, enforcement of laws, motor vehicle accident investigations, parking enforcement, and community related policing services to student, faculty, and staff. Residual services provided include: fingerprinting, jump starts, lock outs, escorts, emergency medical services, crime prevention, physical security inspections, bicycle patrol, and traffic control.

#### Wellness Center, 132 Cunningham Hall – 785.625.5908

Research has shown that the healthier you are, the better you will do in your classes. Activity raises brain wave levels, improving concentration and memory gain. The Wellness Center isn't just another campus gym; it's a place to get involved, meet people, and find out what's happening on campus. You have access to state-of-the-art fitness facilities free of charge. If you need to take your workout to the next level or if you don't know where to start, we offer free workout guidance to get you on the right path. Group exercise can help you make friends and give you the motivation you need to maintain a healthy lifestyle. Additional information for these services can be found online at <a href="https://www.fhsu.edu/hhp/tigerwellness/index.">www.fhsu.edu/hhp/tigerwellness/index.</a>

#### Admissions, 211 Picken Hall – 785.628.5666

Admissions staff is ready to give you a tour of Fort Hays State University! Call 785.628.5666 to schedule a tour. You can also get acclimated at FHSU by attending our Welcome Weekend event. For more information, go to www.fhsu.edu/fye/welcome-weekend/index.

If you have additional questions, please call the FHSU Office of Student Affairs at 785.628.4276.