



### **Policy for Administration of Allergy Injections**

The Fort Hays State University Student Health Center (SHC) will administer allergy injections during the regular academic year with written orders and the appropriate serum from an allergist. Students must complete the following steps before receiving an allergy injection at the SHC.

1. Have the initial allergy injection(s) administered by their allergist's office.
2. Review and sign the SHC **Patient Responsibilities** form.
3. Make arrangements to have serum delivered to the SHC.
4. Have an epinephrine injection (Epi-Pen) available.
5. Schedule an initial appointment with a SHC provider by calling (785) 628-4293.

The serum may be shipped directly to the SHC or left at the front desk. The SHC can store patients' serum(s) refrigerated on-site, but will assume no responsibility for its loss, damage or expiration.

There is always a possibility of an adverse reaction to an allergy shot. Our allergy shot protocol requires:

- A Nurse Practitioner or Physician must be present within the SHC whenever an allergy injection is administered.
- Patients must follow the injection schedule prescribed by their allergists.
- Patients must wait 30 minutes and receive a final nurse assessment before leaving the SHC after an injection administration.



Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Patient Responsibilities for Receiving Allergy Injections at the Student Health Center**

- Provide current instructions, injection schedules, and serum(s) to the SHC.
- Schedule appointments at least 24 hours in advance of an injection.
- Obtain refill serum(s) as needed.
- Avoid rubbing or scratching the injection site(s). (Cold packs are available upon request to relieve itching.)
- Avoid vigorous exercise (jogging, gym, workouts, etc.) one hour before and one hour after an injection administration.
- Report immediately any problems/reactions from an allergy injection.
- Bring an epinephrine injection (Epi-Pen) when presenting for an injection.
- Arrange alternative sites to receive injections that may be needed when the SHC is closed for summer and winter breaks.
- Pick up remaining serum(s) when leaving the university for Semester Breaks, withdrawal, or graduation. The SHC will dispose expired serum(s).

**I have read, understood and agree to follow the Fort Hays State University Student Health Center's allergy administration protocols. I further release and hold harmless the Fort Hays State University Student Health Center from any and all damages or losses related to the storage of my allergy medications. I also understand and agree:**

- **If I am late for an appointment I may be asked to wait or my appointment may be rescheduled to a later time or date;**
- **If I repeatedly fail to keep scheduled appointments the SHC may refuse to continue administering my allergy injections;**
- **If, after receiving an allergy injection, I leave before waiting 30 minutes or before receiving the nursing assessment, the SHC may refuse to continue administering my allergy injections.**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date